

The Zero Excuses Challenge

Day 12 - Be Coachable

The Dos & Don'ts of Finding a Mentor

- Don't ask a stranger. Your first conversation should not be about being a mentor.
- Do seek out a person that not only fits your career or business goal, but their life is also one you admire.
- Do build a relationship by following their work and being supportive.
- Do offer your service to your prospective mentor. Bring value to the table. We all have something to offer – share articles, support events, volunteer, etc.
- After building a relationship with your prospective mentor, be respectful of their time by being specific about what you need from them.
- Be flexible. You may ask to meet for coffee, but it doesn't work for them. Be willing to change venue and time to meet their needs.
- Do your best to implement their advice immediately and share updates on the results.
- Don't ask for road maps. Be specific with your questions.
- Do know that some mentors will stay with you for years while others are there for a specific season.
- Don't expect your mentor to change your life. That's your job.